

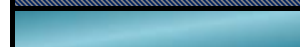






Crossman Community Centre  
TRACK schedule until May 4th - July 1st 2015

Monday      Tuesday      Wednesday      Thursday      Friday      Saturday      Sunday

8:00						
8:15						
8:30						
8:45						
9:00	<b>Seniors</b> Walk, Run and Roll  9:00-11:00am	<b>Seniors</b> Walk, Run and Roll  9:00-11:00am	<b>Seniors</b> Walk, Run and Roll  9:00-11:00am	<b>Seniors</b> Walk, Run and Roll  9:00-11:00am	<b>Seniors</b> Walk, Run and Roll  9:00-11:00am	<b>Seniors</b> Walk, Run and Roll  9:00-11:00am
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10:45						
11:00	<b>Cruzers</b> Strollers and walking aids  11:00-1:00pm	<b>Cruzers</b> Strollers and walking aids  11:00-1:00pm	<b>Cruzers</b> Strollers and walking aids  11:00-1:00pm	<b>Cruzers</b> Strollers and walking aids  11:00-1:00pm	<b>Cruzers</b> Strollers and walking aids  11:00-1:00pm	<b>Cruzers</b> Strollers and walking aids  11:00-1:00pm
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12:45						
1:00	<b>Adult</b> Walk/Jog  1:00-3:00pm	<b>Adult</b> Walk/Jog  1:00-3:00pm	<b>Adult</b> Walk/Jog  1:00-3:00pm	<b>Adult</b> Walk/Jog  1:00-3:00pm	<b>Adult</b> Walk/Jog  1:00-3:00pm	<b>Adult</b> Walk/Jog  1:00-3:00pm
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	Facility Closed		Programs require registration
	Maintenance		Drop in Programs - Free
	Fitness programs - See Flyers		Birthday Party - Must pre book
	Non Scheduled - Open Times/Rentals		

\*\* Please note that schedule may change due to rentals please call to confirm